

GO SPEAK: Lament, Longing, Hope

PANDEMIC

In this time, the world has experienced exposure to a global pandemic. Share a story of how this issue affected you.

Include one of the responses below in your telling:

- Here's my **LAMENT**: what I've experienced as loss, anger, weariness, chaos.
- Here's my **LONGING**: what I wish were different, what I wish I knew, what looks like new life.
- Here's my **HOPE**: I will hear and follow God's call to _____.

Following the telling, pause, take 3+ breaths, end with this prayer:

"God is our refuge and strength, a very present help in trouble." **Amen.**

Psalm 46:1

CIVIL DIVISIVENESS

In this time, our nation has experienced exposure to increased civil divisiveness. Share a story of how this issue affected you.

Include one of the responses below in your telling:

- Here's my **LAMENT**: what I've experienced as loss, anger, weariness, chaos.
- Here's my **LONGING**: what I wish were different, what I wish I knew, what looks like new life.
- Here's my **HOPE**: I will hear and follow God's call to _____.

Following the telling, pause, take 3+ breaths and end with this prayer:

"God himself will be with them; he will wipe away every tear from their eyes." **Amen.** *Rev. 21:3-4*

RACIAL STRIFE

In this time, our nation has experienced exposure to obvious racial strife. Share a story of how this issue affected you.

Include one of the responses below in your telling:

- Here's my **LAMENT**: what I've experienced as loss, anger, weariness, chaos.
- Here's my **LONGING**: what I wish were different, what I wish I knew, what looks like new life.
- Here's my **HOPE**: I will hear and follow God's call to _____.

Following the telling, pause, take 3+ breaths and end with this prayer:

"I will be their God and they will be my children." **Amen.**

Rev. 21:7

FUTURE UNKNOWING

Coming out of this time, we don't know what has changed and how. Share a story of how this issue affected you.

Include one of the responses below in your telling:

- Here's my **LAMENT**: what I've experienced as loss, anger, weariness, chaos.
- Here's my **LONGING**: what I wish were different, what I wish I knew, what looks like new life.
- Here's my **HOPE**: I will hear and follow God's call to _____.

Following the telling, pause, take 3+ breaths and end with this prayer:

"And the one seated on the throne said, 'See, I am making all things new. Write this for I am trustworthy and true.' **Amen.**

Rev. 21:5