

## Domestic Violence Resources in North Carolina During COVID-19

Quarantining and physical distancing/isolation can create a difficult situation for those who live in homes with domestic violence. What resources are available for people who need help?

In an emergency:

- Call 911 or contact your local police
- 1-800-799-7233 (SAFE) The National Domestic Violence Hotline and their website, [thehotline.org](https://www.thehotline.org) that includes a panic button to quickly get off the page and an online chat option.

For a wider range of services:

- North Carolina Coalition Against Domestic Violence ([nccadv.org](https://nccadv.org)) or 919-956-9124

This website includes a finding aid for local agencies ([nccadv.org/get-help](https://nccadv.org/get-help)). Each county in North Carolina is covered by a local domestic violence agency, and the response will differ county by county. As an example, here are agencies listed for some of the more populous counties:

- Durham County: Durham Crisis Response Center hotline 919-403-9425 or [durhamcrisisresponse.org](https://durhamcrisisresponse.org)
- Forsyth County: Family Services, Inc. hotline 336-723-8125 or [familyservicesforsyth.org](https://familyservicesforsyth.org)
- Mecklenburg County: Safe Alliance-The Shelter for Battered Women, hotline 704-332-2513 or [safealliance.org](https://safealliance.org)
- Wake County: InterAct Family Safety and Empowerment Center hotline 919-828-7740 or [interactofwake.org](https://interactofwake.org)

Deena Fulton, the Program Director for NCCADV stated on 3/23/20 that shelters receiving federal funding are considered essential services and should not shutdown due to the virus. However, many agency workers are now working remotely. Additionally, she said that agencies are actively building up non-face to face services, such as virtual counseling sessions.

A reminder to those seeking help, assure them that when they speak with domestic violence agencies everything they report is confidential, and that except for incidents involving elder or child abuse, victims are the ones to decide if they want to file any legal reports. Many counties and communities also have rape crisis centers that can provide assistance and support, including contact information for other area resources and may be able to assist victims even if they have not experienced sexual violence.

North Carolina Department of Health and Human Services ([ncdhhs.gov](https://ncdhhs.gov))

Includes updates on executive orders and information about Covid-

NNEDV National Network to End Domestic Violence ([nnedv.org](http://nnedv.org))  
For national news, information and advocacy, including Covid-19